



Laura Sciaroni MD
Orthopedic Surgery and Sports Medicine
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PATIENT:

SURGERY DATE:

SURGERY TIME:

ARRIVAL TIME:

LOCATION:

Preoperative Instructions

You should have nothing to eat or drink after midnight the night before the surgery, not even water. This is crucial for anesthesia safety, whether or not you plan to have general anesthesia.

Discontinue aspirin and other NSAIDs such as Ibuprofen, Aleve, Naprosyn, Advil, Voltaren, Relafen, or Indocin one week before surgery. If you are taking Celebrex, you may continue to do so. Tylenol is also acceptable. If you have questions about this, please ask.

Notify our office at the time your surgery is scheduled if you are on a blood thinner such as Coumadin or Plavix.

Bathe with antibacterial soap and water on the night before and the morning of surgery. If you are in a splint or cast, do not remove it unless specifically instructed to do so by your doctor.

You will receive postoperative instructions from your doctor on the day of surgery. If you have questions regarding these instructions, call the office immediately.

You will receive necessary prescriptions at your preoperative visit with the doctor or upon your discharge after surgery.

Plan ahead for your pain control needs. If you think you may run out of medicine during the weekend, call for a refill before noon on Friday. Please be aware we do not refill narcotic prescriptions on weekends or after hours

Please call if Esmerelda, surgery coordinator, if you have any questions at: 415-409-7364